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<u>Dates à Retenir :</u>	<u>Dates to Remember :</u>
<ul style="list-style-type: none"> ❖ 3 octobre - Soin des ongles ❖ À être annoncé : Soirée Cinéma et Zoothérapie ❖ 31 octobre – Fête du mois 	<ul style="list-style-type: none"> ❖ October 3 – Nail Care ❖ To be Announced: Movie Night and Animal Therapy ❖ October 31 – Birthday Party



Bienvenue à Welcome to

Mme Suzanne Perus
Mme Nicolina Conte Lacavelli
Mr. Alfred Burgstaller
Mr. Sabatino Ferraro
Mme Denise Théoret

Chambre : 404
Chambre : 425
Chambre : 419
Chambre : 224
Chambre : 314

COMMUNIQUÉ

À tous les résidents

Ce petit message est pour vous rappeler que notre première rencontre du Comité des résidents a eu lieu le 17 septembre dernier.

Nous tenons à vous rappeler que le but de ce Comité est d'améliorer votre bien-être ainsi que la qualité des services. Si vous avez des difficultés n'hésitez pas de communiquer avec nous.

Votre Comité des résidents

RELEASE

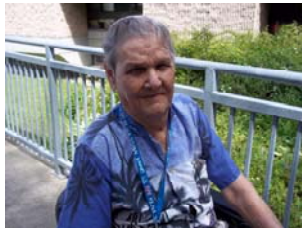
To all the residents

This little message is to inform you that our first meeting of the Residents' Committee was held last September 17.

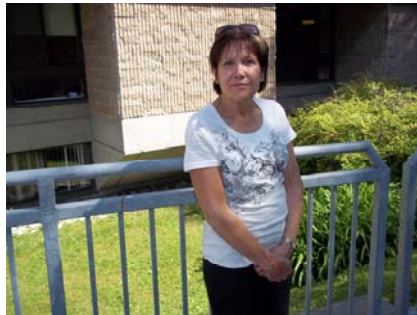
We wish to remind you that the purpose of this Committee is to improve your well-being and quality of services. If you have some difficulties do not hesitate to communicate with us.

Your Residents Committee

The Resident's Committee is pleased to get to know everyone better by playing an active role in the resident's daily lives. In fact, we are eight active members that are always available to listen to your needs. We also act as a voice for those that need to express their problems. We have four external and four internal members.



M. Desmond Marolly
Resident and Volunteer



Mme Diane Provost
Volunteer



Mme Pauline Delisle
Resident and Volunteer



M. Louis Bellemare
President and Volunteer



Mme Monique Beauséjour
Volunteer



Mme Noëlla Gauthier
Resident and Volunteer



Mme Nicole Gauthier
Volunteer



M. Peter Laliberté
Resident and Volunteer

Life History Profile

Dear Sir or Madame;

The Denis-Benjamin-Viger Centre will be starting a new project called “Life History Profiles”. We are beginning this type of project in order to improve the quality of life of our residents. We believe that it is very important to have some knowledge about a person’s life experiences, thus, we can better understand their interests and meet their required needs.

In order to complete this project promptly, we will need one or more pictures of your family member between the ages of 18 to 40 years old along with the completed *Life History Profile* form. You can send the pictures by email at the following address: rmathieu.odi@ssss.gouv.qc.ca or drop it off along with the form at the reception desk for the Recreation Department.

If needed, we can photocopy the original photograph which will be returned to you.

Thank you very much for your continuous support,

The Recreation Department

[The form is available at the reception desk](#)

Did You Know That :

The Centre d'Hébergement Denis-Benjamin-Viger Foundation was created in 1997 and is a non-profit organization composed of volunteers from the community. The Foundation has an important partnership role in helping to develop a quality lifestyle for the residents and for the Day Centre clients.

The members of the Foundation are organizing a supper to raise funds which will be held on November 5th at the Elm Ridge Country Club in Île-Bizard. You are all invited to participate by purchasing a ticket for a cost of \$130 at the Center's Information Desk.





A Story to Remember « LOVE »

It was a busy morning, around 8:00am when a man around 80 years old arrived to remove the suture points of his thumb. He was in a hurry because he had an appointment at 9:00am. I told him to sit knowing that it will take more than an hour.

I saw him looking his watch and I decided, because I was not very busy with other patients, to make an evaluation of his wound. Looking at it, I saw that it was healing well and I took the necessary instruments to remove his stitches.

I asked him if he had another appointment with another doctor this morning, because he was in a hurry. The man told me no, that he had to go in a nursing home for a breakfast with his wife. I decided to ask about her health. He told me that she was suffering from Alzheimer Disease for some time now.

I asked if she would be upset of he was delayed. He answered that she did not recognize him since at least 5 years now.

Surprise:

« And you still go every morning even knowing that she does not recognize you? »






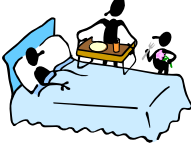




He was smiling tapping my hand and said « She does not recognize me- but ME, I still know who SHE is ».




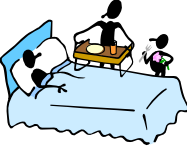




I had to hold back my tears when he left me, I had goose bumps. I thought that it was the kind of love which I would like to have one day.






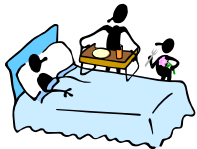



True love is not physical, nor romantic. True love is the acceptance of everything that was and will be.






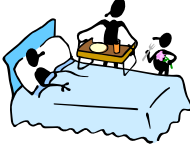




Of all the jokes and the pleasure that emails are, some of them contain an important message. This one, I thought to share it with you. The most happy people have not necessary the best of all, they organize themselves the best they can with what they have.

LIFE IS NOT TO ESCAPE THE STORM BUT TO DANCE IN THE RAIN

<p>Saturday October 1st</p>	<p align="center"><u>Various Individual Activities</u> All floors 2:00pm to 3 :00pm</p>			
<p>Sunday October 2</p>	<p align="center"><u>Happy Birthday</u> Mrs. Anna Hric Chandik</p>	<p align="center"><u>Various Individual Activities</u> All floors 2:00pm to 3:00pm</p>		
<p align="center">Monday October 3</p>	<p align="center">Tuesday October 4</p>	<p align="center">Wednesday October 5</p>	<p align="center">Thursday October 6</p>	<p align="center">Friday October 7</p>
<p><u>Recreation Intervention</u> <i>In the room</i> 10:00 am to 11:00 am</p>  <p><u>Nail Care</u> <i>Dining Room (RC)</i> 2:00 pm to 3:00pm</p> 	<p><u>Various Activities</u> Sitting room (2nd floor) 14h00</p>  <p><u>Arts and Crafts</u> Dining room (RC) 2:00pm</p>  <p><u>MASS</u> Chapel (SS) 3:00pm</p> 	<p><u>Individual Activities</u> <i>In the room</i> 10 :00am to 11 :00am</p>  <p><u>Exercises and Relaxation</u> Sitting room (4th floor) 2:00pm to 3:00pm</p> 	<p>Happy Birthday Mr. Michel Nadon</p> <p align="center"><u>BINGO</u> <i>Dining room (RC)</i> 2 :00pm to 3 :15pm</p> 	<p><u>Happy Birthday</u> Mr. Gaston Fournier</p> <p align="center"><u>Music</u> <i>Sitting room (2nd floor)</i> 10:00 am to 11:00 am</p>  <p align="center"><u>Music</u> <i>Sitting Room (1st floor)</i> 12:30 pm to 1:30 pm</p>  <p align="center"><u>Music</u> <i>Sitting Room (3^d floor)</i> 1:30 pm to 2:30 pm</p> <p align="center"><u>Music</u> <i>Sitting room (4th floor)</i> 2:30 pm to 3:30 pm</p>

<p>Saturday October 8</p>	<p align="center"><u>Various Individual Activities</u> All floors 2:00pm to 3:00pm</p>			
<p>Sunday October 9</p>	<p align="center"><u>Happy Birthday</u> Mrs. Violaine Bellemare Courchesne Mrs. Juliette Morel</p>	<p align="center"><u>Various Individual Activities</u> All floors 2:00pm to 3 :00pm</p>		
<p align="center">Monday October 10</p>	<p align="center">Tuesday October 11</p>	<p align="center">Wednesday October 12</p>	<p align="center">Thursday October 13</p>	<p align="center">Friday October 14</p>
<p><u>Happy Birthday</u> Mrs. Saliphan Mohammad Mr. Alfred Burgstaller</p> <p align="center"><u>HOLIDAY</u></p> <p>THANKSGIVING</p> 	<p><u>Various Activities</u> Sitting room (2nd floor) 2:00pm</p>  <p><u>Current Events</u> Sitting room (4th floor) 2:00pm</p> <p><u>MASS</u> Chapel (SS) 3:00pm</p> 	<p><u>Happy Birthday</u> Mr. Lorenzo Guérin</p> <p><u>Individual Activities</u> <i>In the room</i> 10 :00am to 11 :00am</p>  <p><u>Exercises and Relaxation</u> Sitting room 4th floor 2:00pm to 3:00pm</p> 	<p><u>Bingo</u> <i>Dining Room (RC)</i> 2 :00pm to 3 :15pm</p> 	<p><u>Music</u> <i>Sitting room</i> (2nd floor) 10:00 am to 11:00 am</p>  <p><u>Music</u> <i>Sitting Room</i> (1st floor) 12:30 pm to 1:30 pm</p>  <p><u>Music</u> <i>Sitting Room</i> (3rd floor) 1:30 pm to 2:30 pm</p> <p><u>Music</u> <i>Sitting room</i> (4th floor) 2:30 pm to 3:30 pm</p>

<p>Saturday October 15</p>	<p><u>Various Individual Activities</u> All floors 2:pm to 3:00pm</p>			
<p>Sunday October 16</p>	<p><u>Various Individual Activities</u> All floors 2:00pm to 3:00pm</p>			
<p>Monday October 17</p>	<p>Tuesday October 18</p>	<p>Wednesday October 19</p>	<p>Thursday October 20</p>	<p>Friday October 21</p>
<p><u>Recreation Intervention</u> <i>In the room</i> 10:00 am to 11:00 am</p>  <p><u>Active Play</u> Dining room (RC) 2:00pm</p> 	<p><u>Various Activities</u> Sitting room (2nd floor) 2:00pm</p>  <p><u>Creative Storytelling</u> Sitting room (4th floor) 2:00pm to 3:00pm</p>  <p><u>Mass Chapel (SS)</u> 3:00pm</p> 	<p><u>Individual Activities</u> <i>In the room</i> 10 :00am to 11 :00am</p>  <p><u>Exercises and Relaxation</u> Sitting room (4th floor) 2:00pm to 3:00pm</p> 	<p><u>Bingo Dining Room (RC)</u> 2:00pm to 3:00pm</p> 	<p><u>Music</u> <i>Sitting room (2nd floor)</i> 10:00 am to 11:00 am</p>  <p><u>Music</u> <i>Sitting Room (1st floor)</i> 12:30 pm to 1:30 pm</p> <p><u>Music</u> <i>Sitting Room (3rd floor)</i> 1:30 pm to 2:30 pm</p> <p><u>Music</u> <i>Sitting room (4th floor)</i> 2:30 pm to 3:30 pm</p> <p><u>Betty's Activity</u> <i>Dining Room (RC)</i> 2:00pm to 3:00pm</p>


<p align="center">Saturday October 22</p>	<p align="center"><u>Happy Birthday</u> Mrs. Faika Ebeid Habib</p>	<p align="center"><u>Various Individual Activities</u> All floors 2:00pm to 3:00pm</p>		
<p align="center">Sunday October 23</p>		<p align="center"><u>Various Individual Activities</u> All floors 12:45pm to 3:00pm</p>		
<p align="center">Monday October 24</p>	<p align="center">Tuesday October 25</p>	<p align="center">Wednesday October 26</p>	<p align="center">Thursday October 27</p>	<p align="center">Friday October 28</p>
<p><u>Recreation Intervention</u> in the room 10 :00am to 11 :00am</p>  <p><u>Kitchen Activities</u> <i>Dining room (RC)</i> 2:00pm to 3:15pm</p> 	<p><u>Various Activities</u> Sitting rom (2nd floor) 2:00pm</p>  <p><u>Quiz Reminiscence</u> Sitting room (4th floor) 2:00pm</p>  <p><u>Mass Chapel (SS)</u> 3:00pm</p> 	<p><u>Happy Birthday</u> Mrs. Emilia Lovasik Katrusik</p> <p><u>Individual Activities</u> <i>In the room</i> 10:00am to 11:00am</p>  <p><u>Exercises and Relaxation</u> <i>Sitting room</i> 4th floor 2:00pm to 3:00pm</p> 	<p><u>Bingo</u> <i>Dining room (RC)</i> 2:00pm to 3:15pm</p> 	<p><u>Music</u> <i>Sitting room</i> (2nd floor) 10:00 am to 11:00 am</p>  <p><u>Music</u> <i>Sitting Room</i> (1st floor) 12:30 pm to 1:30 pm</p>  <p><u>Music</u> <i>Sitting Room</i> (3rd floor) 1:30 pm to 2:30 pm</p> <p><u>Music</u> <i>Sitting room</i> (4th floor) 2:30 pm to 3:30 pm</p>

<p>Saturday October 29</p>	<p><u>Various Individual Activities</u> All floors 2:00pm to 3:00pm</p>	
<p>Sunday October 30</p>	<p><u>Happy Birthday</u> Mrs. Thérèse Hamelin</p>	<p><u>Various Individual Activities</u> All floors 2:00pm to 3:00pm</p>




**Monday
January 31**

Recreation Intervention
In the room
 10:00 am to
 11:00 am



Birthday Party
« Halloween »
 Dining room
 (RC)
 2:00pm



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Our Sympathies to the Families of:

Mrs. Marthe Carrière Bourcier

Mrs. Lucente Assalone

Mrs. Laura Garcia

Mrs. Jeanne Boyer

Mrs. Madeleine Crépeau

Mrs. Ruby Shook