

Flash-Info has been given a new look. We have changed the editorial content, as well as how the newsletter is sent out, in order to free your mailboxes and keep you better informed. Flash-Info will now be transmitted via e-mail to the staff of the West Island Health and Social Services Centre (HSSC) and it will be posted in our four facilities. Be on the lookout for news!

HSSC NEWS

LAUNCHING OF THE NEW ORGANIZATIONAL STRUCTURE WEEK

The West Island HSSC is hosting a housewarming celebration from January 27 to February 1st. Several activities are on the agenda for the celebration: personal visits from Ms. Turmel, chair massages, employee cocktails, partner cocktail, meeting with the administrators and prize draws. The schedule is available in the summary document, on the Intranet and on your facility's bulletin board.

Sandrine Charpentier: 514-626-2663, extension 4352

TRAINING ON PERSONAL FINANCIAL PLANNING FOR RETIREMENT

The West Island HSSC, in partnership with *La Capitale services conseils*, is giving you the opportunity to enrich your knowledge on personal financial planning so that you can maintain your current standard of living and be well prepared for retirement. Free training is available.

The first session on planning financial security for retirement, which lasts 3 ½ hours, is offered to employees who are 50 years of age and older. The session will be conducted by financial planners who are specialized in retirement pension plans. **The information session will be held on February 27 (in French) from 4:30 p.m. to 8:00 p.m. at the Lakeshore General Hospital, room 5227**

Joëlle Langelier-Dupuis: 514-630-2225, extension 3325

REMINDER

Inter-institution correspondence

Don't forget to erase or cross out the last name on the envelopes. When sending mail, write the name of the person, as well as the name of the department, if possible, and the name of the institution on the envelope.

ENTRAIDE 2007 CAMPAIGN

The 2007 Entraide Campaign for employees allowed them to raise \$6,300. United Way, **HealthPartners** – Quebec and the Red Cross thank you for your generosity. Thanks to your donations, disadvantaged or sick people will receive the help that they need.

THE HSSC 2007 CHRISTMAS PARTY

Our thanks to Karine Bélanger, Sandrine Charpentier, Joëlle Langelier-Dupuis, Josée Ferraro, Louise Lavoie, Marie-Ève Leblanc, Nathalie Paradis and Robert Plourde for all their work organizing this year's Christmas Party. The evening, held on Friday November 30, 2007 at the Palace in Laval, gave employees the opportunity to celebrate the beginning of the Holiday Season and have fun away from the workplace!

HAND WASHING

Kill those germs!

Are you worried about infections? Washing your hands is the best way to avoid the spread of infections. To kill germs, you must:

- use an adequate amount of soap;
- rub vigorously;
- and rinse well with plenty of water.

Remember: the use of gloves is not a substitute for hand washing.

Names of the facilities

You must write the name of the facility in the following manner:

**CLSC de Pierrefonds
CLSC du Lac-Saint-Louis
Centre d'hébergement Denis-Benjamin-Viger
Lakeshore General Hospital**

APPOINTMENTS - DÉPARTURES

Appointment

Louise Larocque

Position: Coordinator of the OR Department

Louise has experience as the Head of the OR Department and related services. We are very pleased to welcome her on the team of the Physical Health – Surgery. Louise started in her new position on January 7, 2008. We wish her much success in her new challenges.

Source: Lise St-Onge, 514-630-2225, extension 2200

Arrival

Marisela Mangas

Administrative Technician, work relations sector.

Marisela worked at the Lac-Saint-Louis facility as a secretary in mental health. We wish her the best of luck in her new position.

Source: Carole Royer, 514-630-2225, extension 3335

Departures

Hélène Townshend

Executive Secretary, after 20 years of service at the Lac-Saint-Louis facility. We would like to extend our heart-felt thanks to her and wish her all the best for her retirement!

Source: Marie Onsy Mikhael, 514-697-4111, extension 1406

Ginette Majeur

Administrative Agent, category 2, payroll services.

We thank her for her contribution and wish her good luck in her future endeavours.

Source: Carole Royer, 514-630-2225, extension 3335

FOUNDATIONS

The gift-wrapping activity at Fairview Pointe-Claire was a great success once again this year! We collected more than \$20,000 for the Lakeshore General Hospital Foundation. Our thanks to Cadillac Fairview and to all the elves for offering their time and hard work during the Holiday Season. On behalf of all the Foundation's team, we wish you all good health and happiness in 2008.

LGH Foundation: 514-630-2081

EXTERNAL NEWS

Hold it!

The Association du transport écolier du Québec (ATEQ) and the Société de l'assurance automobile du Québec (SAAQ) invite you to participate in the 20th edition of the annual campaign on school bus safety. The campaign will be held from February 4 to February 15. The theme: *Hold it!*

Sylvie Robitaille (ATEQ): 418-622-6544, extension 210

Jacqueline Laliberté (SAAQ): 418-528-4446

THEMES OF THE MONTH

February

Black History Month

Heart Month

White Cane Week (Feb. 3 to Feb. 9)

Eating Disorder Awareness Week (Feb. 4 to Feb. 10)

Sexual and Reproductive Health Awareness Day (Feb. 12)

Source: Public Health Agency of Canada

SOCIAL CLUB

Our first activity for the year 2008 will be held on Monday, February 18 on Mont Saint-Sauveur. The cost for the ski evening: \$18.50. Transportation for the members will be provided on a school bus that will leave The Bay at Fairview Pointe-Claire at 5:00 p.m.

A registration and information booth will be set up at the Lakeshore this week.

First come, first served!

To reserve a spot, please leave a message at 514-630-2225, extension 7038

The Social Club's SCHEDULE FOR THE YEAR

February: Ski outing

March: Sugaring-off

April: Bowling night

May: Wine and cheese

June: Photo rally

September: Dinner theatre

October: Masked ball or haunted house

November: Television broadcast or show

December: Christmas Party

Every last Thursday of the month: Happy Hour (from 5:00 p.m. to 7:00 p.m.)

Locations to be determined

Next publication: February 25, 2008

Please submit your stories before February 18, 2008 to Sandrine Charpentier: scharpentier.odi@ssss.gouv.qc.ca.

Communications Service Publication