

HSSC News

EXECUTIVE DIRECTOR SUZANNE TURMEL'S VISIT

The Executive Director's tour of the sites continues. Check out the intranet for upcoming meeting dates.

Sandrine Charpentier: 514 626-2663, ext. 4352

QMENTUM ACCREDITATION: OFF TO A GOOD START!

After two weeks, the questionnaire completion rate is encouraging. The West Island HSSC had reached 54% of its objective. The deadline to complete them online is **February 26, 2010**. Visit the intranet for more information.

Félicia Guarna: 514 626-2663, ext. 4432

NEW CENTRAL INTAKE OFFICE IN PIERREFONDS

On February 15, the Central intake offices of Pierrefonds and Lac-Saint-Louis sites will be grouped together in Pierrefonds. All healthcare workers in Montréal who refer patients have been informed of the new contact details: 514 626-2663, ext. 4350 (number for professionals only), by phone, and 514 626-1194, by fax. If you contact the central intake office, please note these changes on your resource list and don't forget to reprogram your fax machines, if applicable.

Carolle Allard: 514 626-2663, ext. 4354

A NEW AND IMPROVED WEBSITE

In a few weeks, the West Island HSSC will launch a more user-friendly version of its bilingual website. The design has been modified to ease navigation and enhance the website's efficiency for the population.

Sandrine Charpentier: 514 626-2663, ext. 4352

LISE GAGNON, A HSSC MIDWIFE, NOW A VOLUNTEER WORKER IN HAITI

Lise Gagnon, a midwife at the West Island HSSC Birthing Centre, left for the Caribbean on Sunday, January 31. She is the first midwife in Québec to go to Haiti to lend a hand to the population affected by the violent earthquake that hit the country. The courage and generosity of this exceptional woman are a credit to our organization as a whole.

Read the full article in the Haiti section of the intranet.

BROCHURES ON MENTAL HEALTH, ID-PDD AND DEPENDENCIES

In the intranet, under the Mental Health tab, you will find nine bilingual brochures on the most common mental health disorders. These have been prepared by management as part of the Continuous Improvement program. We would like to thank all those who helped produce these little gems: Grégoire Tremblay, psychologist, Dianne Carrière, social worker, Danielle Beauchesne, occupational therapist, Cynthia Ritchie, nurse, Hélène Lucas-Angers, nurse clinician, Lucie Lalonde, head nursing assistant, D' A. Dworetz (consultation) and Hélène Laliberté (layout).

Nicole Boyer: 514 697-4111, ext. 1406

ACCESS TO HEALTH CARE IN YOUR NEIGHBOURHOOD BROCHURE

The 2010 edition of the *Access to Health Care in Your Neighbourhood* brochure was launched on February 2. HSSC staff has already received copies along with the December 2009 issue of First Line magazine. French and English versions will be distributed door to door in all homes within the West Island HSSC catchment area. This handy directory indicates all healthcare resources available in the West Island. Should you wish to hand out copies to partners or distribute them at an event, please forward your request to the Communications Department.

Sonia Toulouse: 514 626-2663, ext. 4412

THE 5/30 HEALTH AND WELLNESS CHALLENGE

The *Health Challenge* is celebrating its 6th anniversary! Children and adults are invited to take action for their health, at their own pace and enjoyably. Whether you already live a healthy lifestyle or wish to adopt one, the *5/30 Health and Wellness Challenge* is for you!

By yourself, with your family or as a team with friends or colleagues, register at 530HealthAndWellnessChallenge.ca before March 1st ... and spread the word!

- eat better ... at least **5** portions of fruits and vegetables a day
- move more... at least **30** minutes a day
- take care of yourself ... by targeting an objective to improve your wellness

(Prizes to be won valued at over \$15,000.)

Danielle Morin: 514 626-2572, ext. 4566

TEMPORARY DAY-CARE SERVICE ABOLISHED

As mentioned in our last *Flash-Info*, the day-care service will no longer be offered during spring break. Please note as well that it will no longer be offered during days when there is a snowstorm, for example. It has become necessary to abolish this temporary service for several reasons, in particular to avoid transmitting infectious diseases (such as chickenpox last year). As the HSSC is not equipped to open a day-care centre, it is not possible for us to respect the minimum standards in this respect.

Joëlle Langelier-Dupuis: 514 630-2225, ext. 3323

AND THE WINNER IS...

Last year was exceptionally busy at the HSSC. We will soon be submitting a list of candidates for the Prix d'excellence du réseau de la santé et des services sociaux (health and social services network award of excellence) – Integration of Services category for the project Nurse Navigator, Mental Health, Network Clinics. We will also submit this project for the Prix AQESSS 2010, Accessibility and Service Continuum category. As for communications, the HSSC's recruitment campaign and the Baby-Friendly Hospital Initiative campaign will be entered in the contest held by the AQESSS.

Danielle Turgeon: 514 626-2663, ext. 4418

COUNCIL

Invitation to all nurses at the CLSC du Lac-Saint-Louis facility

Come and meet your CECII representatives and tell us about your working conditions and concerns. We need your opinions and ideas. You will be eligible to win a prize for your participation! Join us for coffee and dessert on Thursday February 18th and Friday February 19th from 10 to 10:30 a.m. in the second floor kitchen and from 12 to 1 p.m. in Charles Alguire room on the 3rd floor.

Lianne Brown, Inf: 514 697-4111, ext. 1582
Rosemary Falcone, Inf.: 514 697-4111, ext. 1308

LOSS

We are very saddened to hear of the death of Alexandra Duguay, 31 years of age, niece of Jacques Bédard, ST at Pierrefonds. Ms. Duguay's body was found ten days after the earthquake among the rubbles of the collapsed UN building in Port-au-Prince, where she worked. Alexandra was in Haiti since last June. She worked as a Communications Officer for the United Nations Stabilization Mission in Haiti, commonly referred to as MINUSTAH.

It is with sadness that we announce the death, on January 16, of Ms. Ginette St-Jules, 56 years of age, sister of Micheline Lalonde, Administrative Technician in the Finance Department.

FOUNDATION

LAKESHORE GENERAL HOSPITAL

Lace up your running shoes to help the LGH Foundation achieve exceptional health care in the West Island. The 5k/21k run, hosted by Scotiabank, will be held on Sunday, April 18th, 2010 at Parc Jean-Drapeau on Île-Ste-Hélène. Please contact the foundation if you are interested in lacing up for a great cause. Sign up today at www.fondationlakeshore.ca/Scotiabank.aspx!

Win a Ferrari! The 14th Annual LGH Foundation Duck Race, sponsored by the Charles Hammer Automotive Group, takes place on June 19th, 2010 in conjunction with the all-day Ste-Anne Street Fair. The race will take place at 7 p.m. This year, the first prize is a fabulous 2001 Ferrari 550 Maranello! Other extraordinary prizes have also been secured – better than ever before! All you need to do is call the Duck Line at 514 694-4444 or buy your tickets online at www.fondationlakeshore.ca. Tickets are \$10 per duck.

All of our events will raise funds to develop and maintain health care excellence in the West Island and beyond. We look forward to seeing you at all of our events!

We always need volunteers for our events. If you would like to volunteer or for more information about our events, please contact the **Foundation office at 514 630-2081 or at info@fondationlakeshore.ca**.

APPOINTMENTS

Following Christiane Beauchemin's retirement, Andrée Lauzé becomes executive assistant for executive director Suzanne Turrmel. Ms. Lauzé started her new position last January 11. Welcome! **514 630-2225, ext. 5253**

The following employees are now part of the Mental Health-ID-PDD and Dependencies Directorate (or will become part of the directorate this month):

Diane Andrews, professional social worker, front-line services, adult mental health, Pierrefonds site:
514 626-2663, ext. 4321

Marie-Josée Pellerin, nurse clinician/nurse navigator, Medistat network clinic

Joanne Baskin, social worker, psychosocial intake service, Lac-Saint-Louis site: **514 697-4111, ext. 1334**

Elaine Lach, social worker, ID-PDD team, Pierrefonds site:
514 626-2663, ext. 4379

Barbara Bass, social worker, youth mental health
Ingrid Ménard, occupational therapist, variable follow-up, outpatient clinic

Sheila Thompson, social worker, outpatient clinic
Louise Rosenberg went on a well-deserved retirement in December after 21 years in the Psychiatric Department.

Next issue: March 15, 2010

Please send your texts before March 1, 2010, to Sandrine Charpentier at scharpentier.odi@ssss.gouv.qc.ca.

A publication of the Communications and Strategic Planning Directorate