

## HSSC News

### AWARD OF EXCELLENCE: WE ARE FINALISTS!

Our project entitled *Mental Health Nurse Navigators in a Network-Clinic Environment* has been selected as a finalist for the prestigious Excellence award granted by the Ministère de la Santé et des Services sociaux, in the *Accessibility of Health Care* category. The gala will take place in Quebec City next October. Good luck to the Mental Health team members, who have shown how innovative they can be. The work they've accomplished has proven to be successful.

**Danielle Turgeon: 514 626-2663, ext. 4418**

### BABY-FRIENDLY INITIATIVE: MISSION ACCOMPLISHED

We were thrilled to find out that the Baby-Friendly Initiative (BFI) accreditation committee recommended Health and Social Services Minister Yves Bolduc to grant us accreditation. The Birthing Centre and the CLSC du Lac Saint-Louis met the committee's expectations. Congratulations to all for their excellent work and, in particular, to Josée Riel who guided the teams to success. A small celebration took place on June 22 at the Birthing Centre. As for the CLSC de Pierrefonds, it obtained certification in 2009.

**Diane Lemieux: 514 697-4110, ext. 1540**

### HAPPY RETIREMENT TO RUTH BRESNEN!

Ruth Bresnen, Child-Family-Youth and Vaccination director, is retiring at the end of the month. Ruth has been working in the West Island since 1997, occupying various positions, managing services offered to children and their family. She trained as a nurse and, as such, worked for 37 years in the health network, in a hospital environment and in the community (CLSC). For our HSSC, she has worked hard to obtain the Birthing Centre of the CLSC du Lac-Saint-Louis. And as an end to this stimulating career, she managed the A(H1N1) flu vaccination campaign. Let's bet that she will be as busy during retirement as she was at work! Much success in your new endeavours, Ruth! Manon Fabi will become the Child-Family-Youth and Vaccination director.

**Dalia Toledano 514 626-2663, ext. 4320**

### WHY NOT QUIT TODAY?

The Quit-Smoking Centre invites all employees who would like to quit smoking to come meet Céline Bastien, smoking cessation nurse clinician. You will receive personalized advice on the best ways to quit. You can stop for good, no matter how many times you've tried in the past. Not only is this service free, it could change your life!

**Céline Bastien: 514 626-2663, ext. 4463**

### ONE SMILE LEADS TO ANOTHER

You will soon see posters for the *One Smile Leads to Another* campaign, promoting respect and courtesy, in areas that service the population in all four sites. We all have a tendency to imitate what we see. If the first person we meet smiles at us, it's very likely we'll smile back. The same applies to our clients. When we smile and take the time to listen to what the other person has to say, many problems situations are easily avoided. The campaign is in connection with the policy for promoting respect and preventing harassment and violence. Visit the Human Resources section of the Intranet, under the Policies and Procedures tab, or ask your manager.

**Paul St-Amour: 514 630-2225, ext. 2419**

### SUMMER HEAT WAVE AHEAD: WE'RE READY

Some very hot days are expected throughout the coming weeks, and the HSSC is ready to respond to all situations requiring our intervention. The heat wave watch is from May 15 to September 30. We are now inviting the population to take note of ways to avoid dehydration and health problems caused by the heat wave. Posters and leaflets will be distributed this week in each facility. If some of your clients, friends or family members are vulnerable to heat (for instance, children aged 0 to 4, adults 65 and older, and people suffering from chronic diseases), it would be wise to remind them of the following precautions: spend time indoors when the temperature is high, drink lots of liquids without waiting to be thirsty or according to the quantity indicated by your doctor, and limit your physical activity. To find out more, visit our website or the Public Health section of the intranet, under the Emergency Measures tab. More information will be added to this section in the coming days.

**Richard McReady: 514 697-4110, ext. 1488**

### TELL US WHAT YOU THINK

The Human Resources Directorate is kindly asking you to respond to a 15 minutes online survey in order to find out the opinions of its employees so that it can improve its services! This anonymous survey cannot be completed more than once (each survey has an individual access code). The online survey can only be accessed between June 17<sup>th</sup> and July 15<sup>th</sup>, 2010. There will be one computer workstation available at the Hospital for employees who do not have access to a computer (3<sup>rd</sup> floor south, room 3316, open Monday to Friday between 7:30am and 4:30pm). Note that you can also respond to this online survey at home, with your personal computer!

**Stéphanie Dubé: 514 697-4110, ext. 1399**

### DIABETES CLINIC

The CLSC du Lac-Saint-Louis is offering a diabetes clinic for residents within the territory who are pre-diabetic or type 2 diabetic. During three consecutive Tuesdays at the CLSC du Lac-Saint-Louis, from 4:30 to 6:00 p.m., various subjects will be discussed, including a definition of the different types of diabetes, healthy lifestyles, foot care, and medication. The clinic is given in French and English.

**Félicia Juneau: 514 697-4110, ext. 1648**

### PRETTY IN PINK

Some 15 members of the Pharmacy department wore pink as a show of support to women suffering from different types of female cancer. Pharmacist Emilia Ponzio is also collecting donations for her 60-km walk on the Weekend to End Women's Cancers next August 27 and 28. She is aiming to raise \$2,000, so please give!

**Émilie Ponzio: 514 630-2225, ext. 3208**

### A GUIDE FOR COPING WITH THE LOSS OF A LOVED ONE

A brochure entitled *When a loved one dies* has just been published by the HSSC's Nursing Directorate. Nancy Harocopos coordinated the production of this guide for families and parents. It includes advice for overcoming this difficult period, information on how to obtain death certificates, a list of funeral service suppliers, help available in the West Island and nearby, etc. The guide is available in both English and French, and costs \$1.80. Copies can be ordered from the Purchasing Department.

**Audrey Bouchard: 514 630-2225, ext. 3311**

### 6,000 THANK-YOUS!

The HSSC's website is very often visited. Since its launch last April 12, 6,000 people have visited our website and more than 20,000 pages have been seen. To find out more on the health services offered in the West Island, go to [www.westislandhssc.qc.ca](http://www.westislandhssc.qc.ca).

**Sandrine Charpentier: 514 626-2663, ext. 4352**

### COUNCIL

#### MULTIDISCIPLINARY COUNCIL: A SPECIAL THANK-YOU

Thanks to the contribution of the APTS, the alliance of professional and technical health and social services employees, the Multidisciplinary Council was treated to an excellent buffet dinner during its General Assembly last May 10. Many thanks to the APTS!

**Élianna Pappas, 514 630-2225, ext. 1265**

### SOCIAL CLUB

The Social Club is offering tickets to LA RONDE. One admission, rides only, with direct access to the turnstiles.

| Tickets                  | Regular price with taxes | Your price with taxes |
|--------------------------|--------------------------|-----------------------|
| 1.37 m (54 in.) and over | \$45                     | \$37                  |
| Under 1.37 m (54 in.)    | \$28.78                  | \$24                  |

**Sandrine Charpentier: 514 626-2663, ext. 4352**

### APPOINTMENTS

Since May 4, **D' Jeannette Scandar** is medical co-director of the Elderly with Loss of Autonomy and Physical Disability Directorate.

Since May 7, **Renée Dufour** is executive consultant, Public Health Directorate. **514 697-4110, ext. 1346.**

Since May 10, **Liliane Dupuis** is interim head of budgeting and performance for a 6-month term, replacing Denis Maheu who has taken a very well-deserved retirement. **514 630-2225, ext. 5588.**

Since May 12, nurse clinician **Susan Boivin** obtained the 2-day/week position, floating staff, in the Child-Family-Youth and Vaccination Directorate. Susan started working in the Perinatal team at the Lac-Saint-Louis facility.

Since May 15, **Mélanie Langelier** is head nurse, Medicine. **514 630-2225, ext. 4569.**

### LOSS

We were very sad to learn that Francine Haché, Linda Haché's sister, has passed away. Linda is link nurse at the Pierrefonds facility. The funeral service took place in May.

### FONDATION

#### LAKESHORE GENERAL HOSPITAL

The Lakeshore General Hospital (LGH) Foundation will be holding many exciting events in the approaching months.

The 9<sup>th</sup> Annual Lakeshore Ball will be held on October 24<sup>th</sup>, 2009 at the Château Vaudreuil. This year, the event will have a classic theme, evoking elegant evenings from a timeless era. The ball is a magical evening of elegance, superb dining, dancing with music by Paul Chacra Entertainment, complete with valet parking and a comprehensive silent auction. This enchanting and memorable event is one of the West Island's most desirable social events of the year.

On May 25<sup>th</sup>, we held our annual golf tournament, The Nick Di Tomaso LGH Foundation Golf Tournament at the Beaconsfield Golf Club. The event sold out, raising approximately \$100,000 for health care in the West Island.

All of our events will raise funds to develop and maintain health care excellence in the West Island and beyond. We look forward to seeing you at all of our events!

We always need volunteers for our events. If you would like to volunteer or for more information about our events, please contact the Foundation office at **514-630-2081** or at [info@fondationlakeshore.ca](mailto:info@fondationlakeshore.ca).

**Next issue: September 20, 2010**

Please send your texts before September 9, 2010, to Sandrine Charpentier at [scharpentier.odi@ssss.gouv.qc.ca](mailto:scharpentier.odi@ssss.gouv.qc.ca).

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