

Vol. 6, N° 5 - May 2010

HSSC NEWS**VISITS FROM THE EXECUTIVE DIRECTOR**

Come meet your Executive Director, Suzanne Turmel, during her visits with employees.

Tuesday, June 1 st	1:00 p.m. to 2:00 p.m.	Lakeshore General Hospital Emergency
Tuesday, June 8	2:00 p.m. to 3:30 p.m.	CLSC de Pierrefonds Personnel on the floors (2 nd floor)
Thursday, June 17	2:00 p.m. to 4:00 p.m.	CLSC du Lac-Saint-Louis Charles Alguire Room
Tuesday, June 22	2:30 p.m. to 4:00 p.m.	CLSC de Pierrefonds Personnel on the floors (Ground floor)
Tuesday, June 29	2:00 p.m. to 3:00 p.m.	Southwest One Psychiatry, Outpatient Clinic

Sonia Toulouse: 514 626-2663, extension 4412

A BANNER FOR THE 15TH ANNIVERSARY

On Wednesday, May 5, the Birthing Centre celebrated its 15th anniversary. Since then, a banner underscores the event on the building of the Lac-Saint-Louis facility. It reads: Your neighbourhood Birthing Centre: 3785 babies were delivered by midwives since 1994. A pamphlet explaining the services of midwives was also launched for the occasion.

Danielle Turgeon, 514 626-2663, extension 4418

NEW: SERVICES OFFERED FOR YOUTH MENTAL HEALTH

Since Wednesday, April 7, four people have been working in the Youth Mental Health Department: Claude Girouard, Program Manager, extension 4640; Barbara Bass, Social Worker, extension 4636, Joanne Kielo, Art Therapist, extension 4624, and Deborah Ritzhaupt, Administrative Agent, extension 4600. You can contact them at 2840 St-Charles Boulevard, suite B-202, Kirkland, Quebec. H9H 3B6. Telephone: 514 630-2225. Fax: 514 695-6477

Claude Girouard, 514 630-2225, extension 4640

VOLUNTEER APPRECIATION

An evening to thank HSSC volunteers will take place on June 10. Over 200 people will be served meals by HSSC directors! A unique opportunity to have fun and thank those who generously give of their time, often for the well-being of patients.

Sandrine Charpentier: 514 626-2663, extension 4352

RECOGNITION OF YEARS OF SERVICE

On June 1st, 2010, we will recognize the anniversaries of 123 employees and physicians from the four facilities. We will pay tribute to employees with 15, 20, 25, 30, 40 and even 45 years of loyal service. All managers and members of the Board of Directors will be invited to join the celebrations at the Château Vaudreuil Pavilion (21700 Transcanada Highway, Vaudreuil), from 5:00 p.m. to 9:00 p.m. Gifts and HSSC pins will be handed out to employees.

15 years: wine glasses

20 years: wallet

25 years: engraved watch

30-35-40-45 years: personalized gifts.

Carole Royer: 514 630-2225, extension 3335

OUR PHYSIOTHERAPISTS STAND OUT

In 2009, the *Agence de santé et des services sociaux de Montréal* conducted a survey in the 12 HSSCs in Montreal in order to evaluate the clientele's satisfaction with post-hospital rehabilitation services and sub-acute care. At the West Island HSSC, our homecare physiotherapist services scored a satisfaction rate of 90.6 % with regard to caregivers' punctuality and respect of appointment dates and times. Kudos to the physiotherapists from the 2 CLSCs: Élizabéth Warhaft, Annie Lachance, Lisa Yee and Diane Robillard.

Venise Calluzzo: 514 626-2663, extension 4575

RECYCLING AND SHREDDING: ATTENTION TO CONFIDENTIALITY

Did you know that all documents bearing a name, address, file number and/or date of birth are confidential and should be shredded? Several documents deemed confidential were found in the recycling bin. To make the task easier, use two bins in your office, one for recycling and the other for shredding and sort your papers as required!

Technical services: 514 630-2225, extension 6666

THINK OF TRAVELING, THINK OF VACCINES

Are you, a friend or a family member planning a trip? Think about vaccines! Make sure to go to the Travellers' Health Clinic two weeks before departure. Vaccinations administered by specialized nurses and physicians. All types of vaccines are available. Update of your immunization records and other services offered. Appointments are scheduled without delay. We look forward to welcoming you!

Dalia Toledano: 514 626-2663, extension 4320

HAND HYGIENE DAY: THE WINNERS

The first West Island HSSC Hand Hygiene Day was a resounding success. More than 300 entry coupons were filled out. The winners of the participation awards are: Claire Wallot, Community Organizer (CLSC LSL), Johanne Ritchot, Parental Health Nurse (CLSC PFDS), Ginette Simard, Intermediate Clerk (DBV) and Anna Bystrom, Nurse Team Leader (LGH). The winner of the grand prize, a digital camera, was Donamey Pascal Florexil, Orderly (DBV). Hand hygiene ... An habit to be kept throughout the year.

Heather Corrigan: 514 630-2225, extension 3305 and Paul St-Amour: 514 630-2225, extension 3326

PHYSICAL ACTIVITY

May is the month to promote sports and physical activity. Did you know there are several types of physical activities that are organized more or less informally in each of the HSSC facilities? Yoga, zumba, brisk walking, group fitness, training, etc. The Wellness Committee would like to enumerate and list all these activities so that you are better informed. Briefly describe the activities that you organize with your colleagues and let us know via e-mail or by phone: **Paul St-Amour: pstamour.lgh@ssss.gouv.qc.ca (514 630-2225, extension 3326)**

To learn more about the benefits of an active lifestyle, contact the **HSSC Health Education Centre: 514 626-2572, extension 4566.**

VENDING MACHINES AT CLSC DE PIERREFONDS

Vending machines will soon be installed in the main waiting rooms at the CLSC de Pierrefonds. All food products will meet the requirements of the new food policy *Moving Towards Healthy Eating: A Question of Quality*, which will be in effect in all hospitals by the year 2012. HSSC Dieticians carefully chose all the food to ensure compliance with these standards. Vending machines will now contain cereal bars, juice, coffee, snacks, sandwiches, crackers and more. The cafeteria has a built-in cup detector. You will be refunded \$0.10 for doing something "green" if you use your own cup.

Michel Paré : 514 630-2225, extension 6841

LEUCAN SHAVED HEAD CHALLENGE

An employee at the CLSC de Pierrefonds, Sylvie Williams, will participate in the Leucan Shaved Head Challenge in memory of her son, who was seven and a half when he lost the battle with cancer, and to support children who are living with this disease. We are calling on your generosity to help Sylvie reach her objective. The link to access Sylvie's personal Web page is: <http://www.defileucan.ca/Participant.aspx?id=20403>

COUNCIL

MULTIDISCIPLINARY COUNCIL: GENERAL MEETING

The Multidisciplinary Council invites its members to the next General Meeting, to be held on May 19, 2010 from 12:00 p.m. to 1:30 p.m. in room 5227-5237 at the Lakeshore.

Élianna Pappas, 514 630-2225, extension 1265

APPOINTMENTS

Since April 12, Lise Daigle has been working at the Child-Family-Youth and Vaccination Directorate as a nurse clinician. She will be employed 5 days a week as part of the floating staff. She will join the Perinatal Team at Pierrefonds until further notice.

Lise Daigle: 514 626-2663

DEATH

Hélène Brosseau, an employee who worked in Laundry and Housekeeping at the Lakeshore for 37 years, has died. We extend our deepest condolences to her family and friends.

FOUNDATIONS

CENTRE D'HÉBERGEMENT DENIS-BENJAMIN-VIGER

The Foundation of the Centre d'hébergement Denis-Benjamin-Viger will hold its Horticultural Bazaar on Saturday, May 29, 2010, from 9 a.m. to 4 p.m. Do you want to contribute? Bring any extra cuttings, seedlings, perennials, annuals and indoor plants that you may have in your plant beds and garden. New this year: the **Garden Supplies** section. You will find gardening tools, flower pots, flower pot holders, garden furniture, decorations, books, gardening magazines, etc. Bring your items and plants on Thursday, May 27, Friday, May 28 and Saturday morning May 29 to the outdoor terrace where the Bazaar will be held (3292 Cherrier in L'Île-Bizard).

Daniel Gauthier : 514 620-2467

Brigitte Émond : 514 620-6310, extension 0

LAKESHORE GENERAL HOSPITAL

The duck race is near! The Lakeshore General Hospital (LGH) Foundation will be holding their 14th Annual Duck Race on June 19th, 2010 at the Sainte-Anne-de-Bellevue Lock. **Buy your tickets now** at 514-694-4444 or by visiting www.fondationlakeshore.ca! The first prize this year is a 2001 Ferrari 550 Maranello! Other fabulous prizes may also be won by your duck!

We always need volunteers for our events. If you would like to volunteer or for more information about our events, please contact the Foundation office at **514-630-2081 or at info@fondationlakeshore.ca**.

Next publication: June 21, 2010

Please send your text before June 10, 2010 to Sandrine Charpentier: scharpentier.odi@ssss.gouv.qc.ca.

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