

Flash-Info

Centre de santé et de services sociaux
de l'Ouest-de-l'Île
West Island
Health and Social Services Centre

PARTNERS IN YOUR WELL-BEING

Vol. 7, N° 2 - February 2011

HSSC NEWS

GOOD NEWS IN DIALYSIS

On January 31, a satellite dialysis unit was opened on 2 East Lakeshore General Hospital. This addition will allow more residents to receive treatment closer to their homes. For the time being, the clinic will be in operation on Mondays, Wednesdays and Fridays from 7 am to 7 pm. Please note that the hemodialysis unit remains in operation at the Ambulatory centre.

Linda Sullivan: 514-630-2225, extension 1714

VISIT FROM ACCREDITATION CANADA

Dates to write in your agenda! Accreditation Canada has confirmed that an additional visit will take place on April 26 and 27. It will be carried out by Normand Legault who was the Head of the visiting team in November.

The main issues that will be assessed are:

- medication reconciliation (BCM),
- preventing falls,
- safety.

Venise Calluzzo: 514-626-2663, extension 4575

END OF 24 HOURS IN EMERGENCY

The Minister of Health and Social Services, D^r Yves Bolduc, would like to reduce the number of 24-hour stays to zero in the Emergency Department of the Lakeshore General Hospital. We have therefore decided to take the bull by the horns! A task force has been formed to find solutions. The results will be followed up closely and you will be informed about the progress on the work done every month in Flash-Info.

D^r François Gilbert: 514-630-2225, extension 1191

PARENTS AND FUTURE PARENTS AT THE HSSC

Do you have children aged 5 and under? Are you interested in a daycare service at the West Island HSSC? Tell us what your needs are by completing the survey that was sent by e-mail on February 9. If you don't have access to the e-mail, you can obtain a copy of the survey from your manager or at Reception of the Human Resources Department of the Lakeshore General Hospital. The deadline for submitting the survey is February 18.

Geneviève Turmel: 514-630-2225, extension 3323

0/5/30 HEALTH AND WELLNESS – THE 2011 CHALLENGES

The *Quit to Win!* Challenge and *The 5/30 Health and Wellness* Challenge invite you to take action for your health. Their objectives are to help you stop smoking (**0** cigarettes), eat a minimum of **5** servings of fruits and vegetables at least 5 days a week, be active for a minimum of **30** minutes at least 5 days a week, and improve your life **wellness**.

To mark the launch of the challenges, the Smoking Cessation Centre and the Health Education Centre of the HSSC will hold an Open House according to the following schedule:

Location	Date	Time
LGH, in front of the cafeteria	February 22	10 am to 2 pm
CLSC de PFDS, at the CES	February 23	10 am to 3 pm

You can register for the challenges during the Open House and take advantage of the opportunity to speak to professionals who will share their expertise and help you succeed in achieving your goals. You can also make an appointment for a personal consultation.

Register and tell your clients about the challenges! By participating, you are eligible to win one of several prizes (total value: \$15,000).

For more information:

The *5/30 Health and Wellness Challenge*:

www.defisante530equilibre.ca

Quit to Win Challenge: www.jarrete.qc.ca

CAT: 514-626-2572, extension 4463

CES: 514-626-2572, extension 4566

Danielle Morin: 514-626-2663, extension 4566

CPR TRAINING

The HSSC is offering CPR courses for Healthcare professionals. The courses to obtain certification are 4-hour courses that are offered the 2nd Wednesday of every month, from 8 am to 12 pm, and from 12 pm to 4 pm, on the following dates:

- March 9,
- April 13,
- May 11,
- June 8, 2011.

The location of the courses will be determined according to the number of participants registered and the availability of the premises. See your manager to register. If you are already a certified CPR trainer, or if you would like to become certified, please contact Heather Corrigan. Ideally, we would like to have trainers in each of the four HSSC facilities.

Heather Corrigan: 514-630-2225, extension 3375

IN SHAPE AT THE HSSC!

We would like to complete the section *Well-being* on the Intranet, under *Human Resources, Health, Safety and Quality of Life*. In order to do so, we need to know all the physical activities that are taking place in the HSSC facilities. Please send us the information (schedules, dates, locations) by e-mail to the attention of Paul St-Amour. Thank you!

Paul St-Amour: 514-630-2225, extension 2419

VISITORS PARKING LOT AT THE HOSPITAL

The P3 parking for visitors at the Lakeshore General Hospital is reserved for visitors only. Employees do not have access. If you park in this parking lot, you must pay the full parking fee and there are no reimbursements.

Claude Drapeau: 514-630-2225, extension 6353

FINALIST AT THE GALA NATIONAL DES PRIX INNOVATION

The HSSC has been invited to the CSST'S National Gala for the *Prix innovation en santé et sécurité du travail* on March 29, 2011 in Québec. The West Island HSSC is one of the 19 finalists in the "Public Bodies" category. On October 21, the HSSC won an award in the regional contest's "Public Bodies" category.

This contest allows employees and employers to share the initiatives they undertake to eliminate the dangers that are present in their work environment. The prize was awarded to René Langevin, a maintenance worker at the CLSC de Pierrefonds facility, for his innovative idea. René invented a tool to move folding tables effortlessly.

Kudos to René for this quick and safe invention!

Paul St-Amour: 514-630-2225, extension 2419

APPOINTMENTS

Lucie Ménard, Director of Finances as of February 14. We welcome her to the large West Island HSSC family!

Lucie Ménard: 514-630-2225, extension 5289

Monique Asselin, PAPA-DP Director, will also act as Interim Director of Nursing. Good luck in your new functions!

Monique Asselin: 514-626-2663, extension 4450

ERRATUM

Shunadda Ashmead is a Social Worker with the Adult Mental Health team at the CLSC de Pierrefonds since January 4, 2011 – and not at the CLSC du Lac-Saint-Louis, as stated in the previous Flash-Info. Welcome to the team!

Nicole Boyer: 514-697-4110, extension 1406

FOUNDATION

LAKESHORE GENERAL HOSPITAL

Our first fundraising event of the year, the LGH Foundation Poker Night, will be held in the Pavillon sur le Lac at the prestigious Château Vaudreuil on March 18th, 2011. Join us for a classy evening of cards, complete with dinner buffet, cigar lounge and valet parking. Well-known personalities will be in attendance, and cash prizes will be given. Cost per player: \$200. RSVP before March 4th, 2011.

Our second fundraising event of the year, "B.R. for the E.R.," will be held at Bâton Rouge Decarie on March 28th, 2011. The event will feature wine-tasting and an exquisite four-course meal. The event will be hosted by Chantal Desjardins of the CHOM 97.7 Morning Show. Well-known personalities and celebrities will be in attendance, including Pete Marier of CHOM 97.7, Scott Flory, current Montreal Alouette, and Dave Mudge, former Alouettes player. Dr. Tomas Kaufman, Chief Physician of the LGH ER, will also be present. Montreal Canadiens and Alouettes team memorabilia will be featured in the live and silent auctions for the event. The live auctioneer will be Randy Tieman of CTV Montreal. Reserve your tickets today!

All of our events will raise funds to develop and maintain health care excellence in the West Island and beyond. We look forward to seeing you at all of our events!

We always need volunteers for our events. If you would like to volunteer or for more information about our events, please contact the Foundation office at 514-630-2081 or at info@fondationlakeshore.ca.

LGH Foundation : 514-630-2081

*HAPPY
ST. VALENTINE'S
DAY!*



Next issue: March 14, 2011

Please send your texts before February 28 to Sandrine Charpentier: scharpentier.odi@ssss.gouv.qc.ca.

A publication from the Communications, Strategic Planning and Information Resource Directorate